



Leaders of Tomorrow Conference

Thursday April 15, 2010 – Friday April 16, 2010

Confirmation Package Contents

This confirmation package has been designed to answer any of the questions that you may have regarding your participation with us from April 14-16 2010. Please use the information below as a checklist. Enclosed you will find:

- Rules and Regulations – please make sure you are aware of all of the rules
- Workshops - please be advised that you will receive a copy of your itinerary at the conference. This will be your schedule for the conference.
- Advisor and Student Identity- describes how you will know who is a part of the conference and who is not.
- Conference Meals - a menu for the 3 day conference. Please inform us ahead of time if you have dietary restrictions.
- Registration Details and Conference Theme - information for you to prepare for the conference.
- Cancellation Policy- please read these carefully.
- Hotel Information
- Invoice / Receipt- If you have a balance owing you will receive an invoice or if you have made payment in full you will receive a receipt. Please note that all participants will have to pay in full before the commencement of the conference.
- Directions- included is a map of the school and the Holiday Inn



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Rules and Regulations

At Pretty River Academy we believe in positive choices for our student leaders. Therefore we have established a set of rules to share with your students:

IF IT'S A SCHOOL RULE, IT'S A CONFERENCE RULE

If you cannot do it at school, you cannot do it at the conference.

PLEASE BE PUNCTUAL- please arrive at least 10 minutes before the commencement of the day, and stated group activities and sessions.

APPROPRIATE DRESS- please dress appropriately in comfortable clothing in that you will be able to move easily. Please note that some of the workshops will involve an outdoor element, dress for the weather.

THINK OUTSIDE OF THE BOX, PARTICIPATE, AND HAVE FUN!

NO SMOKING

NO DRUGS OR ALCOHOL- anyone caught drinking alcoholic beverages or using drugs will be asked to leave the conference immediately.

RESPECT THE HOTEL- Please respect the rules of the hotel, all students are to be in their OWN rooms after lights out.



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Workshops

Listening and Communication Skills

Leaders must learn to listen attentively to be effective. Exercises in listening both as a group, and in one-on-one conversations heighten the awareness of the importance of listening. Students also learn how to use active listening skills to make sure they understood what the person meant. Students will be involved in a number of activities that promote effective communication skills.

Teambuilding and Co-operation

Students will have several opportunities to practice teambuilding. They may be asked to complete the spider's web, get across poison peanut butter or save the world from a toxic dump! The process involves brainstorming, listening, and taking others people's interests to achieve a common goal.

Inter-personal Relations

Students learn to acquire a deeper understanding of the feelings and needs of others. They learn to win people's respect and trust, and to inspire and motivate them to act for good.

Building Trust

Without trust, a leader won't have any followers.

The students will have to go through a series of trust exercises that allows them to focus on the needs of the whole rather than the individual.

Creative Thinking and Event Planning

Brainstorming techniques teach young potential leaders how to come up with innovative ideas and develop their creativity. The students will participate in a number of initiatives and creative exercises. This promotes divergent thinkers. Students learn how to plan and implement an activity such as a fundraiser, dance, benefit, etc., through a series of “apprentice tasks”

Confidence Building

The session will help students improve their self-image and gain beneficial skills, enthusiasm and inner strength. Students learn to solve problems creatively and effectively. Confidence-building exercises help students become aware of their uniqueness and their own leadership qualities. Such exercises include walking the plank, and fish out of water.

The Leader In You

Students will learn about different leadership styles, and find their inner leadership potential through a series of activities and quizzes.

Time Management and Goal Setting

Students will learn how to prioritize and juggle their various responsibilities and activities. Students will also learn how to successfully goal set and create tools to achieve their goals.

Nutrition and Healthy Active Living

Students will learn the benefits of proper nutrition and healthy lifestyle. Without your health you have nothing.

Innovative Thinking

Students will learn how to think on their feet and “outside of the box” through a variety of hands on activities and initiatives.



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Advisor and Student Identity

You will be given an identity bracelet and a name to identify yourself as a conference attendee. Please wear the name tag and bracelet at all times during the conference.

Registration Details and Conference Theme

Registration will take place from 9:00 a.m.- 9:30 a.m. on Thursday April 15, 2010. Please make sure that you arrive within the time frame given. If for some reason you are unable to register during the allotted time please make Pretty River Academy aware beforehand. If you have a balance owing, a cheque must be submitted at the time of registration.

Our theme this year is “Building Skills for the Future” so think and act upon this theme during the conference by bringing a notepad with you at all times to take notes and document any activities that you want to lead at your school.

Cancellation Policy

Any cancellations past February 1, 2010 will not be refunded. If you need to cancel your registration please contact Pretty River Academy directly and your monies will be refunded- less a \$45.00 registration fee if the cancellation occurs before February 1, 2010.

Hotel Information

Pretty River Academy has arranged for our far away participants to stay at The Holiday Inn Express in Collingwood. Please be advised that it is the parents/teachers responsibility to supervise at the hotel.

Holiday Inn Express
4 Balsam Street, Hwy 26 West, Collingwood Ontario, L9Y 3J4
Phone: 705- 444-2144

Pretty River Academy Map and Directions

Address: 11521 Hwy 26 W., Collingwood, ON L9Y 5E7
Phone: (705) 444-5376 Fax: (705) 444-6818
Email: info@prettyriveracademy.com



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Conference Meals

Here is a sample menu for the 2 day conference. Please note all meals will be served at Pretty River Academy. See your Itinerary for times.

Morning Snack

Fruit juice

Yogurt

Fresh Fruit

Muffins

Lunch

Soup of the Day

Salad/Sandwich Bar

Pasta with Meatballs

Chicken Stir Fry

Afternoon Snack

Fruit Juice

Fresh Fruit

Homemade Cookies

Dinner

Salad Bar

Homemade Burgers

Grilled Chicken

Roasted Potatoes

Steamed Vegetables